LGBTQIA+ History Month

"HONORING OUR PAST, BUILDING OUR FUTURE TOGETHER"

A month-long celebration in remembrance of lesbian, gay, bisexual, transgender, queer, asexual & intersex history

> Help us put LGBTQIA+ people back into the history books by showing how they have always been present in

society and have been vital contributors to human

progress

"Let us all actively promote equality and diversity, reflect our history and remember how so many sacrifices for changes have been made over the years regarding people's rights." UCD LGBTI Sub-Group for EDI

https://www.ucd.ie/equality/support/lgbtisupports/





Incorporate LGBTQIA+ related content/people into the curriculum and thereby create inclusive & safe spaces for LGBTQIA+ students in your classrooms.



Create a visual public art wall/representation/timeline using illustrations, images, and charts to highlight & create awareness about key events/breakthroughs made by

LGBTQIA+ academics, staff, specialists, leaders & alumni

in your School or College.



Invite LGBTQIA+ Affiliated Organizations / UCD Support Group to set up informational tables or booths on campus or to provide professional development opportunities for faculty and staff on how to create an inclusive and welcoming environment for LGBTQIA+ students, including how to be allies and support LGBTQIA+ students.



Remember: Always make sure to get the persons permission to have their identity displayed or made public !

LGBTQAI+ Terms

Ally: A non-LGBTQ+ person who supports members of the LGBTQ+ community

Asexual (Ace): A person who does not experience sexual attraction

Bisexual (Bi): A person who has an emotional and/or sexual orientation towards more than one gender **Cisgender:** A person whose gender identity is the same as the sex they were assigned at birth. Non-trans is also used by some people

Gay: Can refer to a man who has an emotional, romantic, and/or sexual orientation toward men. Also a generic term for lesbian and gay sexuality - some women define themselves as gay rather than lesbian **Gender identity**: A person's internal sense of their own gender, whether male, female, or something else

Heterosexual (straight): A person who has an emotional, romantic, and/or sexual orientation towards people of the opposite gender

Homosexual: Nowadays, this might be considered a more medical term used to describe someone who has an emotional romantic, and/or sexual orientation towards a person of the same gender. The term 'gay' is now more generally used

Lesbian: A woman who has an emotional, romantic, and/or sexual orientation toward women

Non-binary: An umbrella term for a person who does not identify as male or female or is in between or beyond the gender binary

Pansexual: A person whose emotional, romantic, and/or sexual orientation is not tied to sex, gender, or gender identity

Trans: An umbrella term to describe people whose gender is not the same as, or does not sit comfortably with, the sex they were assigned at birth. Trans people may describe themselves using one or more of a wide variety of terms, including (but not limited to) transgender, cross-dresser, non-binary or genderqueer (GQ)

Transsexual: This was used in the past as a more medical term (similarly to homosexual) to refer to someone who transitioned to live as the 'opposite' gender to the one assigned at birth. Some still use this term, although many prefer the term trans or transgender.

LGBTQAI+: Lesbian, gay, bisexual, trans+, queer, asexual and intersex people.

Queer: An umbrella term used to describe people who are not heterosexual and/or cisgender. Queer was used as a slur against the LGBTQ+ community for many years and still can be. However, the word has been reclaimed by LGBTQ+ communities and many now embrace the term. Check if someone is comfortable with this term before referring to them as queer.

Transgender: A term describing a person's gender identity that does not match their assigned sex at birth. This word is also used as an umbrella term to describe some groups of people who transcend conventional expectations of gender identity or expression.

Intersex: This is an umbrella term used to describe a wide range of natural bodily variations that do not fit typical binary notions of male and female bodies, for example, variations in genetic, hormonal, or physical sex characteristics.

AT UCD YOU ARE NEVER ALONE



FOR ANY SUPPORT

https://www.ucd.ie/equality/support/lgbtisupports/